



Living in the New Normal

*Helping Children Thrive
through Good & Challenging Times*

Mission

The Military Child Education Coalition's **Living in the New Normal**: Helping Children Thrive through Good and Challenging Times (LINN) is grounded in research and provides parents, communities, and education and military leaders the tools they need to mitigate risks and amplify positive responses to a challenging military family environment.

Over two million military-connected children in the United States have been separated from mom or dad because of deployment.*

Everyone has a role in supporting military-connected children, and each component of the **Living in the New Normal** initiative is designed to reach a distinct audience. Training topics include supporting children dealing with issues such as a sick or injured parent, trauma and loss, cycles of deployment, and developing resilience skills during good times.

The Living in the New Normal Components

Institute

Educators, Community Professionals

A two-day, graduate level institute outlining specific community resources, deployment information, and practical strategies for encouraging resilience in all children. Educators and community professionals create a unique plan for implementing resilience skills and local resources.

Practicum

Parents, Childcare Practitioners, Educators, Family Readiness Group Leaders, Other Concerned Adults

This one-day session provides parents, childcare practitioners, educators, family readiness group leaders, and other concerned adults with the knowledge and tools to develop resilient children who will be better able to meet the challenges of deployment and separation.

Public Engagement

State and Community Leaders

A day-long session that invites state and community leaders to collaborate in identifying their capabilities, synchronizing their resources, and planning homefront responses to support children during times of uncertainty due to deployments, transitions, and other challenges.

*From Effect of Parents' Wartime Deployment on the Behavior of Young Children in Military Families Molinda M. Chartrand, MD; Deborah A. Frank, MD; Laura F. White, PhD; Timothy R. Shope, MD, MPH (REPRINTED) ARCH PEDIATR ADOLESC MED/VOL 162 (NO. 11), NOV 2008 WWW.ARCHPEDIATRICS.COM

For more information,
please visit
LINN.MilitaryChild.org.

This MCEC web site encourages conversation, provides additional resources, and highlights the latest news and events concerning the **Living in the New Normal** initiative and the families we support.



About the Military Child Education Coalition

The Military Child Education Coalition (MCEC) is a 501(c) 3 non-profit, world-wide organization. A model of positive leadership and advocacy, the MCEC's work is focused on ensuring quality educational opportunities for all military-connected children affected by mobility, family separation, and transition. For more information, please visit **www.MilitaryChild.org**.